

Day	Morning Snack	Lunch	Afternoon Snack
Monday	<ul style="list-style-type: none"> Juice boxes or milk Apples (sliced) and bananas (halved) Muffins 	Build-Your-Own Sandwich Bar • Ham and turkey (turkey option can be halal) • Egg salad (non-meat option) • Shredded lettuce • Cheddar cheese slices • Mayo, mustard, sub sauce, and margarine • Hoagie buns and regular buns • Mixed individual bags of chips • Celery, carrot, and cucumber sticks with ranch dip	<ul style="list-style-type: none"> Mini muffins Pudding cups Freezies (on hot days after lunch) Kids' charcuterie board: cheese, crackers, and sliced hot rods
Tuesday	<ul style="list-style-type: none"> Juice boxes or milk Apples (sliced) and bananas (halved) Muffins 	Walking Tacos (Build-and-Eat in the Bag) • 75 g bags of Doritos (2 flavours) • Seasoned ground beef • Shredded lettuce and diced tomatoes • Sour cream and salsa (squeeze bottles) • Shredded cheese • Celery, carrot, and cucumber sticks with ranch dip	<ul style="list-style-type: none"> Mini muffins Pudding cups Freezies (on hot days after lunch)
Wednesday	<ul style="list-style-type: none"> Juice boxes or milk Apples (sliced) and bananas (halved) Strawberry and vanilla yogurt cups Mixed berries and nut-free granola 	Burgers and Fries • 4 oz burger patties with 4 oz buns • Fries • Condiment bar: cheese slices, lettuce, pickles, ketchup, mustard, relish, mayonnaise • Celery, carrot, and cucumber sticks with ranch dip	<ul style="list-style-type: none"> Kids' charcuterie board: cheese, crackers, and sliced hot rods Mini muffins Pudding cups Freezies (on hot days after lunch)

Day	Morning Snack	Lunch	Afternoon Snack
Thursday	<ul style="list-style-type: none"> • Juice boxes or milk • Apples (sliced) and bananas (halved) • Strawberry and vanilla yogurt cups • Mixed berries and nut-free granola 	<p>Mac and Cheese Lunch • Homemade Kraft Dinner-style mac and cheese • Chicken nuggets • Garlic bread • Celery, carrot, and cucumber sticks with ranch dip</p>	<ul style="list-style-type: none"> • Small ice cream cups (vanilla and chocolate) • Mini muffins • Pudding cups • Freezies (on hot days after lunch)
	<ul style="list-style-type: none"> • Juice boxes or milk • Apples (sliced) and bananas (halved) • Cinnamon rolls 	<p>Pizza Day • Cheese and pepperoni pizzas • Additional toppings in bowls for campers to customize slices • Caesar salad • Celery, carrot, and cucumber sticks with ranch dip</p>	<ul style="list-style-type: none"> • End-of-week cookie decorating activity: chocolate chip cookies with gel icing pens and sprinkles • Mini muffins • Pudding cups • Freezies (on hot days after lunch)